GIVE BLOOD. GET BACK.

BLOOD AND PLASMA BASICS by the numbers

1 BLOOD DONATION can help up to 3 PEOPLE9

3 WHOLE BLOOD DONATIONS take around 10 MIN9

234MM MAJOR OPERATIONS are performed worldwide every year that may involve blood transfusions7

1,200 PLASMA DONATIONS to treat one patient for hemophilia5

56 DAYS for WHOLE BLOOD AND UP TO 2X / WEEK for plasma9

It takes 1200

FREQUENTLY ASKED QUESTIONS9

IS IT SAFE TO DONATE? Yes. Blood and plasma are collected through a new sterile needle that is used once and then discarded. Centers also have enhanced COVID-19 safety and cleaning procedures in place.

WILL IT HURT? Only for a moment. Many people find that the slight initial pinch is relatively painless.

WHAT IS PLASMA? Plasma is the yellow liquid portion of blood that remains after red and white cells, platelets, and other cellular components are removed. It is used to create life-changing therapies.

CAN I DONATE IF I HAVE TATTOOS? Yes, but in the U.S. you have to wait 3 months to donate if the tattoo was from a state that does not regulate tattoo facilities.

HOW LONG WILL IT TAKE TO REPLACE WHAT I DONATED? Plasma is replaced in about 24 hours. Red cells need between 4 and 6 weeks to be replaced.

HOW CAN ONE DONATION HELP MULTIPLE PEOPLE? In the case of whole blood, plasma is a component that’s used to help multiple people. However, this is different than a plasma donation, that’s used for different therapies.

REFERENCES

HOW CAN I DONATE?

WHOLE BLOOD

TRAUMA AND SURGERY

RED CELLS

TRAUMA, SURGERY, ANEMIA, ANY BLOOD LOSS AND BLOOD DISORDERS (E.G., SICKLE CELL)

PLATELETS

CANCER TREATMENTS, ORGANS AND BLOOD DISORDERS

PLASMA*

BURN PATIENTS, SHOCK AND BLEEDING DISORDERS, THERAPIES FOR RARE, CHRONIC DISEASES

CRYOPRECIPITATED ANTIHEMOPHILIC FACTOR (CRYO)

HEMOPHILIA AND VON WILLEBRAND DISEASE (A COMMON INHERITED CLOTTING DISORDER)

GIVE BLOOD. GET MOVING.

Join the movement. Learn more and find a donation center at bethe1donor.abbott