



## WHERE'S YOUR HEAD? THE IMPORTANCE OF MINDING YOUR "MELON"

There's nothing quite like being in the right headspace. You know the feeling. Thoughts crystalize, ideas bloom, words flow. Everything in positive momentum. But it all starts with having a clear head. Any bump, knock or jolt to that precious melon up there can bring a concussion -- and serious repercussions. So, without further ado, we'd like to introduce you to the Melons. Their focus, like ours, is squarely on concussion awareness for your brain health.

[WATCH THE MELONS](#)

### ON THE EDGE ...

"The team came in and said, 'We need to go now, or I'm only giving you about two more days to live.' "

*What happens next?*  
[FIND THE ANSWER BELOW](#)

### THE TRAVELING SISTERHOOD OF THE HEARTMATE LVAD

Heart failure survivors Mayra Rodriguez (below) and Laura Huber share a bond that's still strong -- just like them.



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### DATA SHOW CARDIOMEMS, HEARTMATE 3 HELPING EXTEND LIVES

New data show remote pressure monitoring helps improve survival in heart failure patients.



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### COMING TO THE AID OF PEOPLE WITH DIABETES

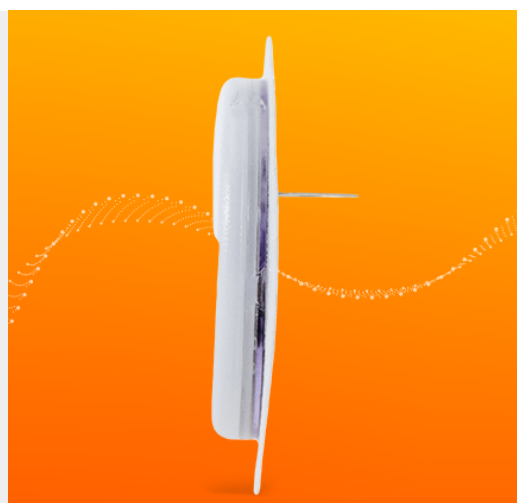
Connecting with diabetes partners to become part of an automated insulin delivery (AID) system.



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### THE REVEL IS IN THE DETAILS FREESTYLE LIBRE FAMILY

This month's focus: Our FreeStyle Libre family of continuous glucose monitors. The data our sensors provide can have a huge impact. All that information comes from the tiniest of places, a flexible filament that is only the width of about three human hairs! [Learn how FreeStyle Libre is leading the way.](#)



### ... OF YOUR SEAT

Those are the words heart failure survivor Laura Huber remembers hearing from her medical team just before she was taken into surgery to receive her HeartMate II left ventricular assist device (LVAD). After surgery, everything changed. "I remember waking up that night after surgery, and the first time I looked in the mirror. Seeing the color back in my face was when it hit me: I was really sick, and this device is really making a difference." Check out Laura's story to see just how big a difference it continues to make.

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### A FEW MORE BEFORE WE GO

- [Seeking Answers About Transgender Heart Health](#)
- [Foods to Eat After Illness](#)
- [Late-Breaking Data Show Long-Term Benefits of MitraClip](#)
- [Data Show Superiority of TriClip For Tricuspid Regurgitation](#)



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